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## New 360-UCSF HIV & Aging Program Addresses a Growing Need

360-UCSF is developing the HIV & Aging Program focused on the special needs of people over fifty who are living and aging with chronic HIV infection. Older adults are one of the fastest growing demographics in the AIDS epidemic. These patients often have special needs and multiple medical conditions requiring specialized clinical care. A key emphasis of the program is associated or combined medical conditions of living with long-term infection. Due to the advances in medical treatments and the effectiveness of HIV therapies, the population of people with HIV is growing older.

The HIV & Aging Program is developing a multidisciplinary clinical program (medical care, pharmacy, nutrition, support groups) specific to those aging with HIV. Another important focus will be research on issues affecting older seropositive patients. Studies will include medical adherence issues faced by patients in collaboration with the University of Connecticut Center on Aging. 360-UCSF will also launch a study investigating potential causes of increased cardiovascular diseases in older patients with HIV.

“We are researching and exploring several options for the HIV & Aging Program. Our commitment is to maintain health and enhance the long-term quality of life of our patients through a comprehensive approach to care,” adds Malcolm John. “360-UCSF is focused on our patients evolving long-term needs and the comprehensive care of those we serve.”